



MDA JOPLIN VOLUNTEER DAY

SATURDAY, OCTOBER 1, 2011

MDA is partnering with United Way to support the Joplin community and our fellow RD's who were impacted by the EF5 tornado that struck the city on May 22nd, 2011 killing 159 and damaging more than 8,000 homes and 400 businesses.

As you know, the process of debris removal and subsequent rebuilding will be taking place for several months if not years to come. In consideration of the need facing this community, MDA is encouraging all members their friends and families to come out and volunteer in Joplin, Mo on Saturday, October 1, 2011. This will be a great way to interact with other RD's, dietetic interns and students while serving the community of Joplin in their time of need.

Also, MDA will be selling shirts as a fundraiser. So feel free to purchase one for yourself, friend or family member as the proceeds will be going to a good cause. Also, for you "guyatitians" out there remember real men wear pink ☺. Lastly, if you are not able to attend the volunteer day but still want to financially support this event and/or purchase a t-shirt(s), we can send the shirt back with an approved member from you district or it can be directly shipped to your home for \$3 in addition to the cost of the shirt(s).

We hope to see you and your district out on **Saturday October 1st**. To register for this event, purchase t-shirts or for further questions please contact Jesse Baedke (jesse.baedke@coxhealth.com) of the Southwest Missouri Dietetic Association.

\$15 Small – XL + \$3 shipping ▪ \$17 – XXL + \$3 shipping

To place an order by email mda@eatrightmissouri.org or brenda.roling@embarqmail.com

Checks can be made to MDA and mailed to: MDA, P.O. Box 1225, Jefferson City, MO 65102

Items will be shipped upon receipt of payment. *(Receipts will be provided upon request).*

